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## PATIENT COUNSELLING REPORT- 20<sup>th</sup> April 2022

**Venue:** PHC, Jategaon, Dist. Nashik

**Event Coordinator:** Dr. Swati Talele, Mrs. Pallavi Pawar

**Committee Members:** Dr. Swati Talele, , Ms. Chetna shinde, Mr. Nilesh Nikam

**Theme of Programme:** Patient counselling at Primary Health Centre, Jategaon.

**Time:** 11.00am – 1.00pm

All students of first-year D. pharmacy visited the PHC (Primary Healthcare Center) situated in Jategaon village of Nashik district.

Few students conducted patient counseling.

Report of it as follows:

**1.Name of patient:** Kamlabai Chaudhari

**Age:** 58

**Disease:** Leukopenia ( lack of WBCs in the blood)

**Treatment:** Depending on the cause, leukopenia can be treated in several ways. White WBC count is low, one can also make dietary and lifestyle changes to help reduce your risk of infection.

**Drugs prescribed:** Leukine Vial, Sargramostim solution



**2. Name of patient:** Lilavati Kandekar

**Age:** 47

**Disease:** Hypertension (High blood pressure)

**Treatment:** Eating a healthier diet with less salt, exercising regularly and taking medication can help lower blood pressure. Usually ACE inhibitor, Diuretic, Beta blocker, Antihypertensive drug, Calcium channel blocker and Vasodilator are proscribed.

**Drugs proscribed:** Atenolol, Propranolol.



