



SANDIP FOUNDATION'S
SANDIP INSTITUTE OF PHARMACEUTICAL SCIENCES

At Post- Mahiravani, Tal/Dist. Nashik-422213, Maharashtra, India

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SANDIP
FOUNDATION

Affiliated to Savitribai Phule Pune University, Approved by PCI, New Delhi, NAAC Accredited

Report on Rubicon Foundation's Life Skills Development Program

Title of event : - Rubicon Foundation's Life Skills Development Program

Date and Time : - 30.10.2023 to 02.11.2023 (9.00 am to 5.00 pm)

Event Organized By : - Dr. Swati G. Talele, Dr Pankaj C. Bhamare, Prof. Chetana K. Shinde

Trainer's name : - Mrs. Pratibha Tripathi, Mr. Prashant Singh, Ms. Ritika Saxena

Details of event

The Sandip Institute of Pharmaceutical Sciences and School of pharmaceutical sciences has conducted 4-day Life Skills Development Program in association with Rubicon Foundation, which was commenced on 30th October 2023. The inaugural day was marked by a series of engaging activities and insightful discussions, catering to the final year B. Pharmacy students.

The program was inaugurated with a formal felicitation, followed by an opening speech by the esteemed Principal Dr. L. B. Borse, setting the tone for the event and emphasizing the significance of life skills.

Trainer from Rubicon Life Skills Development, Ms. Ritika Saxena delivered an inspiring talk on achieving goals, judgment, capacity, and adaptability, offering valuable insights and motivation to the students.

Mrs. Pratibha Tripathi led a stimulating debate on "Business vs. Job" and "Social Media," encouraging students to contemplate the choices and challenges they may encounter in their professional lives.

Prashant Singh facilitated a debate focusing on the education system, fostering critical thinking among participants. An icebreaker session added an element of fun and interaction.

The inaugural day of the Life Skills Development Program was a resounding success, promoting self-improvement and critical thinking among B Pharmacy students. The engaging discussions and debates provided a platform for students to express their views and learn from one another.

The program promises to be a valuable learning experience, enhancing the skills and knowledge of the participants. Mock-interview session was very much fruitful for the final year students. This interactive program has been concluded on 2nd November 2023.

We look forward to the upcoming future alliance with Rubicon foundation with respect to life skill development sessions for an enlightening journey of our students.

Sr. No.	Particulars	Session highlights
1	Day 1 Monday (30/10/2023) Introduction: Soft Skills and Communication	In-demand soft skills, Clarity , Confidence, Respect, Empathy, Listening Verbal communication ,Non-verbal communication Written communication, Constructive feedback.
2	Day 2 Tuesday (31/10/2023) Teamwork activity	Collaboration, Cooperation, Coordination, Delegation, Listening, Active listening, Idea exchange, Mediation, Negotiation.
3	Day 3 Wednesday (1/11/2023) Time Management	Prioritizing, Self-starter, Planning, Decision making, Focus, Delegation, Stress management, Icebreaker session.
4	Day 4 Thursday (2/11/2023) Problem solving and critical thinking	Lateral thinking, Logical reasoning, Initiative Persistence, Observation, Persuasion, Negotiation, Brainstorming, Decision making, Mock interview.



Felicitation of Mrs Pratibha Tripathi



Felicitation of Mr Prashant Singh



Felicitation of Mrs Ritika Saxena



Introductory speech by Principal Dr.L.B.Borse



Training session



Group discussion session on "Business vs. Job"



Training session on communication (By Ms Ritika Saxena)



Interaction on choices and challenges in professional life (By Mrs Pratibha Tripathi)



Interactive session on "Corporate Jargon"



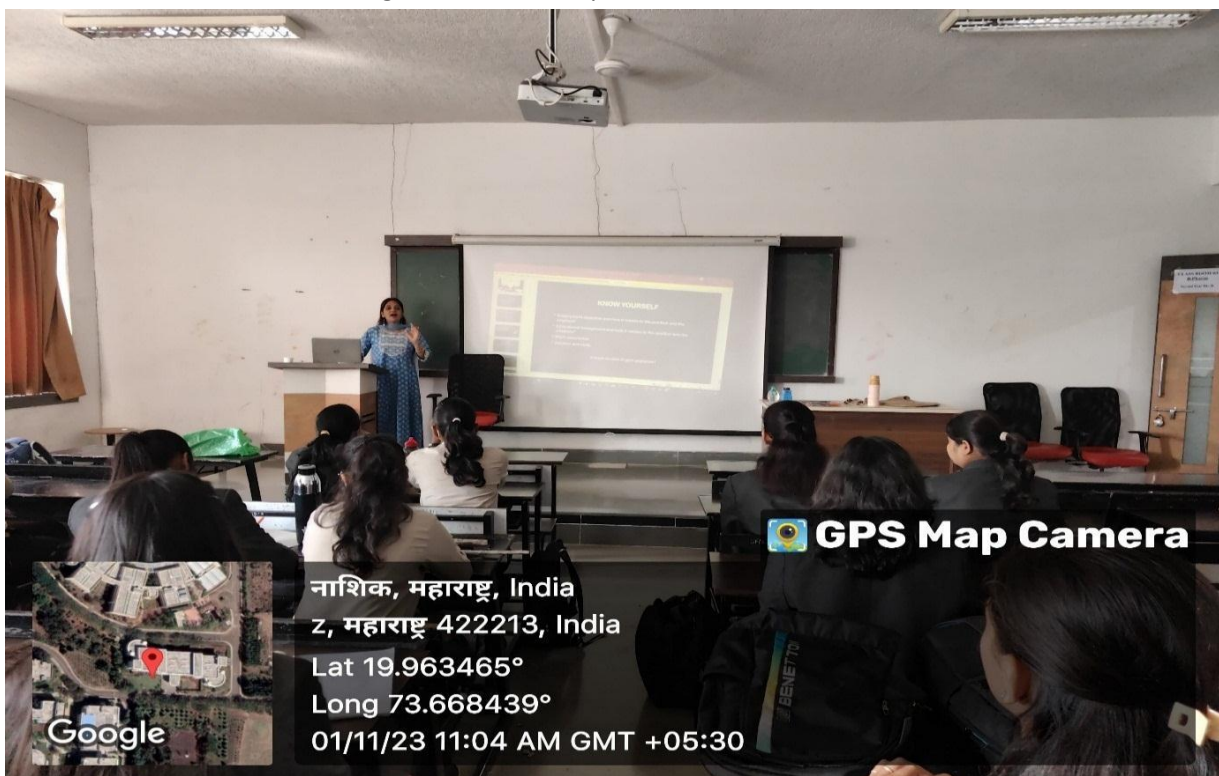
Soft skills activity session



Training session on "Active listening"



Training session on "Cooperation and Coordination"



Training session on "know yourself"



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Long 73.669992°
02/11/23 02:40 PM GMT +05:30

Feedback from students in concluding ceremony



Dr. Laxmikant B. Borse
(Principal)