

SANDIP FOUNDATION'S

SANDIP INSTITUTE OF PHARMACEUTICAL SCIENCES

At Post- Mahiravani, Tal/Dist. Nashik–422213, Maharashtra, India Web: www.sips.sandipfoundation.org E-mail: info@sandipfoundation.org Phone: (02594) 222591/92/93/94/95, Fax: (02594) 222555



Affiliated to Savitribai Phule Pune University, Approved by PCI, New Delhi, NAAC Accredited

Event/Activity Report

Name of the Department	Sandip Institute of Pharmaceutical Sciences
Title of the event	International Yoga Day Celebration
Date of event organized	21/06/2022
Name of the coordinator of event	Dr.Swati Talele
No. of Participants	80
Name of the expert/ Chief Guest of the	Mrs. Sunanda Jadhav, Mr. Rahul Narwade and
event	Mr. Paresh Rege.
Objective of the event	Raising Awareness and Promoting YogaFostering Community and Well-being
Outcome of the event	• Growth in the yoga industry with increased demand for yoga instructors, apparel, and related products.
	• Focus on Mental Health: Increased recognition of yoga's role in managing stress, anxiety, and promoting mental well-being.

Event/Activity Report

The Yoga awareness and practical session was organized of Sandip Institute of Pharmaceutical science on 21st June, 2022 on the occasion of national yoga day in collaboration with Sandip University. The practical session was conducted with performing various Yoga Assan and Pranayama all together with Mrs. Sunanda Jadhav, Mr. Rahul Narwade and Mr. Paresh Rege.

Event/Activity Photographs:



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