



SANDIP FOUNDATION'S

SANDIP INSTITUTE OF PHARMACEUTICAL SCIENCES,

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Event Activity Report- 9th International Yoga Day

Academic Year 2022-2023

College Name: Sandip Institute of Pharmaceutical Sciences, Nashik

Event Title: 9th International Yoga Day

Event Date: 21 June 2023

Time: 10.30 AM to 11:30 AM

Duration in days: One Day

Mode of conduction: offline

Event Resource Person Details: Prof.CMASuvarnaKute

Name of Event Coordinator: Ms. Shivani Sanjay Patil

Number of participants attended: 200

Event Outline, Objective and Outcome of the event:

Outline of Program: Sandip Institute of Pharmaceutical Sciences, has organized 9th International Yoga Day at green campus of Sandip Foundation, Nashik. Students, faculty and staff of Sandip Pharmaceutical Sciences from various departments were present for the event. The event was organized under the guidance of Respected Principal Dr. Laxmikant Borse.

Objective of Program:

- Importance of yoga in human life.
- Information of various Yogasana and Posture.
- Live demonstration and performance of yogasana by expert resource person.

Outcome: In the inauguration function of 9th International Yoga Day lamp lighting done by Respected Principal Dr. Laxmikant Borse, he delivered his valuable words regarding benefits of yoga, meditation and need of Physical fitness in today's scenario. SIPS Director Sports, Dr. Sandip Patil played a major role as chief coordinator for event as he participated in event and motivate faculty and students to take part in event. Registrar Dr. Balasaheb Khare, All HOD, Teaching & Non Teaching staff were present and perform activity along with faculty and students. Prof. CMA Suvarna Kute who is also certified Yoga teacher from Ayush Bharat demonstrate various yoga position along with benefits.

Event photos-











Ms. Shivani Sanjay Patil

Event Coordinator

Dr. Laxmikant Borse

Principal, SIPS