



SANDIP FOUNDATION'S
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Event Activity Report

Name of Department	Sandip Institute of Pharmaceutical Sciences, Nashik
Title of the Event	Guest Lecture on Personality Development
Speaker	Dr. Mohini Gurav
Day and Date of event organized	08/10/2024 (Tuesday)
Time	10:30 Am to 11:30 Am
Organizer of the event	Sandip Institute of Pharmaceutical Sciences, Nashik
Venue	Seminar Hall, Sandip Institute of Pharmaceutical Sciences, Nashik
Coordinator of the event	Ms. Sakshi R. Chaudhari.
No. of participants	<u>38</u>
Objective of the event	Self-Awareness: Helping participants understand their strengths, weaknesses, values, and beliefs. Communication Skills: Improving verbal and non-verbal communication for better interpersonal interactions. Goal Setting: Teaching participants how to set and achieve personal and professional goals. Confidence Building: Boosting self-esteem and confidence in personal and professional settings.
Outcomes of the event	Increased Self-Awareness: Participants gain a deeper understanding of their personalities, strengths, and areas for improvement. Enhanced Communication Skills: Improved ability to express ideas clearly and listen actively, leading to more effective interactions. Boosted Confidence: Greater self-assurance in personal and professional situations



Event/Activity Report

On 08th October 2024, the Department of Pharmacy at Sandip Institute of Pharmaceutical Sciences, Nashik, organized a guest lecture on the *Personality Development Program* for D. Pharmacy and B. Pharmacy students. This Program aimed at enhancing student's personal and professional skills. Dr. Mohini Gurav was the esteemed guest speaker, who brought valuable insights and expertise to the event.

The session began with a warm welcome by Dr. L. B. Borse, Principal of Sandip Institute of Pharmaceutical Sciences. Ms Tejaswi Shinde introduced the guest speaker, Dr. Mohini Gurav, HOD of English and Language, School of Engineering and Technology, Sandip University, Nashik.

Dr. Mohini Gurav delivered an engaging presentation that emphasized the importance of personality development in both personal and professional life. Key topics included emotional intelligence, effective communication, and the role of adaptability in today's fast-paced environment. The program included practical exercises designed to help students apply the concepts discussed. These activities focused on improving self-esteem, public speaking, and teamwork.

Dr. Gurav facilitated an interactive Q&A session, encouraging students to share their thoughts and experiences. Students participated actively, asking questions and seeking advice on various aspects of personality development.

Feedback collected from participants indicated a high level of satisfaction with the program. Many students reported feeling more motivated to focus on their personal development and apply the skills learned in their daily lives.

The lecture concluded with a vote of thanks by Ms Tejaswi Shinde, expressing gratitude to Dr. Mohini Gurav for sharing his valuable insights and time. She also thanked the faculty members and students for their participation.

Event/Activity Photographs:



Principal Sir felicitating Dr. Mohini Gurav





Dr. Mohini Gurav interacting with students



Dr. Mohini Gurav conducting activity for students





Dr. Mohini Gurav taking Q & A session

Ms. Sakshi Chaudhari
Coordinator



Dr. Laxmikant B. Borse

Principal
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